

October 2009

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Milk is always served with breakfast and lunch	5 French Toast Sticks, Pears Corn dogs, Potatoes, Green Beans	6 Pancakes, Grapes Ritz Chicken Casserole, Oranges	7 Cereal, Berries Chicken Sandwich, Veggies, Cantaloupe	8 English Muffin, Applesauce Hot Dogs, Cucumbers, Watermelon	9 Toast, Hash Browns Chicken & Rice, Peaches, Corn	10
	12 Monkey Bread, Pears Spaghetti, with Meat Sauce, Broccoli	13 Cereal, Bananas Tacos, Fruit Cocktail, Salad	14 Donuts, Applesauce Chicken Nuggets, Fries, Pineapple	15 Egg Bake, Peaches Mozzarella Sticks, Cucumbers, Corn	16 VACATION DAY	17
18	19 Blueberry Muffins, Bananas Mac & Cheese Bake, Berries, Corn	20 Cinnamon Rolls, Peaches Pizza, Pineapple	21 Bagels, Applesauce Chicken Taquitos, Veggies, Mixed Fruit	22 Cereal, Fruit Yogurt Cheeseburgers, Oranges, Salad	23 Waffles, Strawberries Turkey Wraps, Pickles, Apple Slices	24
25	26 Monkey Bread, Applesauce Fish Sticks, Broccoli, Mandarin Oranges	27 Cereal, Strawberries Grilled Cheese, Fruit Cocktail, Tomatoes,	28 Pancakes, Pears PB & J, Carrots, Apples	29 Egg Bake, Grapes Cheese Quesadilla, Tater Tots, Peaches	30 French Toast Sticks, Bananas Chicken Alfredo, Berries, Salad	